

# Breast Awareness

If you notice any of the following changes in your breast always see your GP

**look for**

**Changes in shape**  
e.g. smaller or bigger

**Skin change**  
e.g. redness, dimpling

**Nipple change**  
e.g. inversion, rash

**Nipple discharge**

**feel for**

**Lumps**  
**Thickening**  
**Breast pain**

Your GP can answer any questions you have concerning your breast health

**1300 65 30 65**



sydney breast clinic  
peace of mind

At Sydney Breast Clinic breast cancer can be detected and diagnosed within a single day

[www.sydneybreastclinic.com.au](http://www.sydneybreastclinic.com.au)